

## SESSION OUTLINE

### Improvisation and Storytelling as a way of team building

<b>TOPIC</b>	Team Building
<b>AIM &amp; OBJECTIVES</b>	Creation of safe space between new participants. Team building activities in order to bond them. Creation of feeling of support from others. Building trust.
<b>GROUP &amp; ROLES</b>	2 facilitators: Nevena Orescanin & Leo Bartolec
<b>LEARNING OUTCOMES FOR PARTICIPANTS</b>	To get familiar with each other, get to know each other.
<b>STEP-BY-STEP</b> <input type="checkbox"/> METHODS <input type="checkbox"/> QUESTIONS FOR DEBRIEFING	<ol style="list-style-type: none"> <li>1. STOP/ GO (koala, kangaroo, jump, dance) – cca 5 min</li> <li>2. Divide participants into 3 groups. Use DIXIT cards to share with others your story from childhood.</li> <li>3. Divide participants in small groups. Divide into 10 groups. Task is to tell a story             <ol style="list-style-type: none"> <li>a) sentence by sentence(3 min) , * SWAP 1 PERSON from each group</li> <li>b) word by word(3 min) * SWAP 1 PERSON from each group</li> <li>c) use positive and negative sentence (3 min) * SWAP 1 PERSON from each group</li> <li>d) start each sentence with BUT (3 min) * SWAP 1 PERSON from each group</li> <li>e) start each sentence with AND (3 min) * SWAP 1 PERSON from each group</li> <li>f) Imagine a character that has passion that is contradicted to the fear of hat person (3 min)</li> </ol> </li> </ol> <p>DEBRIEFING:</p> <ol style="list-style-type: none"> <li>a) FACTS &amp; FEELING: What happened during the activity of storytelling? How did you feel ?</li> <li>b) ANALYSE: How did you find each of rules to you? Hard, easy, challenging?</li> </ol>

	<p>4. Use levels for walking 1-10 (2min), then say random numbers and participants need to start falling down very slowly when they hear their number. The numbers we will give them on small paper. When they start falling other participants need to look closely and start to support them. They need to raise them up before they fall.</p> <p>DEBRIEFING:</p> <p>How did you feel during the activity? Did you feel safe? Did you have support?</p>
<p><b>EVALUATION OF THE SESSION</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> LEARNING OUT-COMES</li> <li><input type="checkbox"/> LESSONS LEARNED</li> <li><input type="checkbox"/> TEAMWORK</li> </ul>	
<p><b>MATERIALS, RESOURCES ETC...</b></p>	<p>Dixit cards and good mood 😊</p>